KEEP HOT DRINKS OUT OF MY REACH

30 babies and toddlers go to the hospital with a hot drink burn every day.

SafeTea
KEEP HOT DRINKS OUT OF REACH

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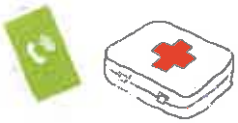
HOT DRINKS BURN ME!

- Mobile toddlers are at the highest risk of scalds (burns from hot liquid).
- The most likely ways that I could be scalded is by pulling a hot drink over myself or someone spilling their hot drink on me.
- My skin is much thinner than yours and so burns more quickly and deeply.

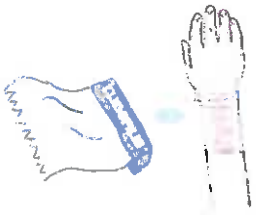
BE SAFE

- **Keep hot drinks out of my reach**
- **Don't pass a hot drink over my head**
- **Don't hold a hot drink whilst holding me**

FIRST AID



Call 999 or NHS 111 or your GP for advice



COOL

- Run lots of cool water over the burn for 20 minutes but be careful to keep the child warm.
- If the burn starts to hurt again, run it again under cool water.

CALL

- Get advice from a doctor, or the Emergency Department at the local hospital.
- Call 999 if the burn is on the face, hands, feet, joints or nappy area, or is larger than a 10 pence coin.

COVER

- Loosely cover the burn with cling film or clean non-fluffy material to stop it getting infected. Keep it loose as burns swell. Don't put cling film on the face.
- Don't touch the burn or burst blisters. Don't use creams or ointments.

Produced by The Burns Collective in line with advice from the British Burns Association and Child Accident Prevention Trust